

**STEP-BY-STEP PROCEDURE FOR SETTING UP A SPREADSHEET FOR USING
NEWMARK'S METHOD TO SOLVE FOR THE RESPONSE OF A SINGLE DEGREE OF
FREEDOM (SDOF) SYSTEM**

We are solving $ma + cv + kd = -m\ddot{u}_g$

with initial conditions of $d(t = 0) = d_o$ and $v(t = 0) = v_o$

Note that total acceleration or absolute acceleration will be $u_{abs} = a + \ddot{u}_g$

Step 1 - Define System Properties and Initial Conditions

(A) Begin by setting up the cells for the Mass, Stiffness, and Damping of the SDOF System (Fig. 1). These values are known.

(B) Calculate the Natural Frequency of the SDOF system using the equation

$$\omega = \sqrt{k/m} \quad (\text{Equation 1})$$

Note: If the system damping is given in terms of the Damping Ratio (ζ) then the Damping (c) can be calculated using the equation:

$$c = 2 \zeta \omega m \quad (\text{Equation 2})$$

(C) Set up the cells for the 2 Newmark Coefficients α & β (Fig. 1), which will allow for performing

a) the Average Acceleration Method, use $\alpha = \frac{1}{2}$ and $\beta = \frac{1}{4}$.

b) the Linear Acceleration Method, use $\alpha = \frac{1}{2}$ and $\beta = \frac{1}{6}$.

(D) Set up cells (Fig. 1) for the initial displacement and velocity (d_0 and v_0 respectively)

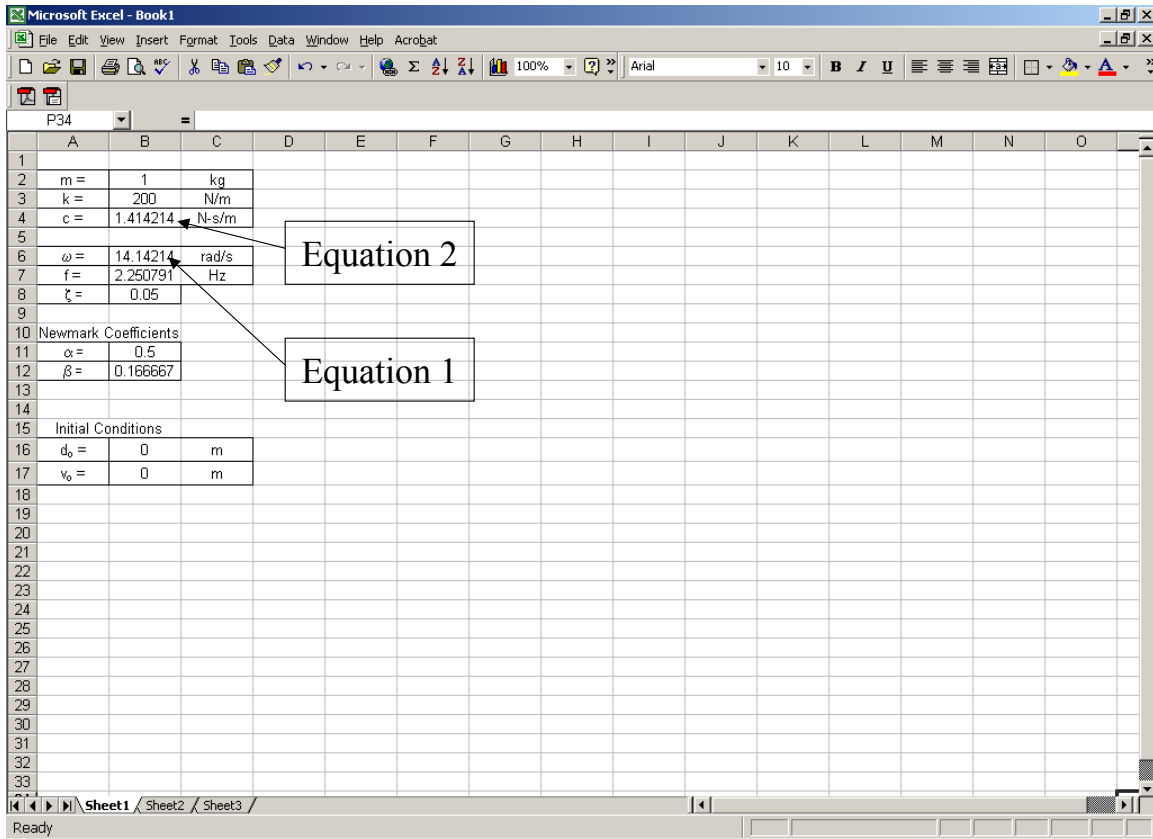


Figure 1: Spreadsheet After Completing Step 1

Step 2 – Set Up Columns for Solving The Equation of Motion Using Newmark’s Method

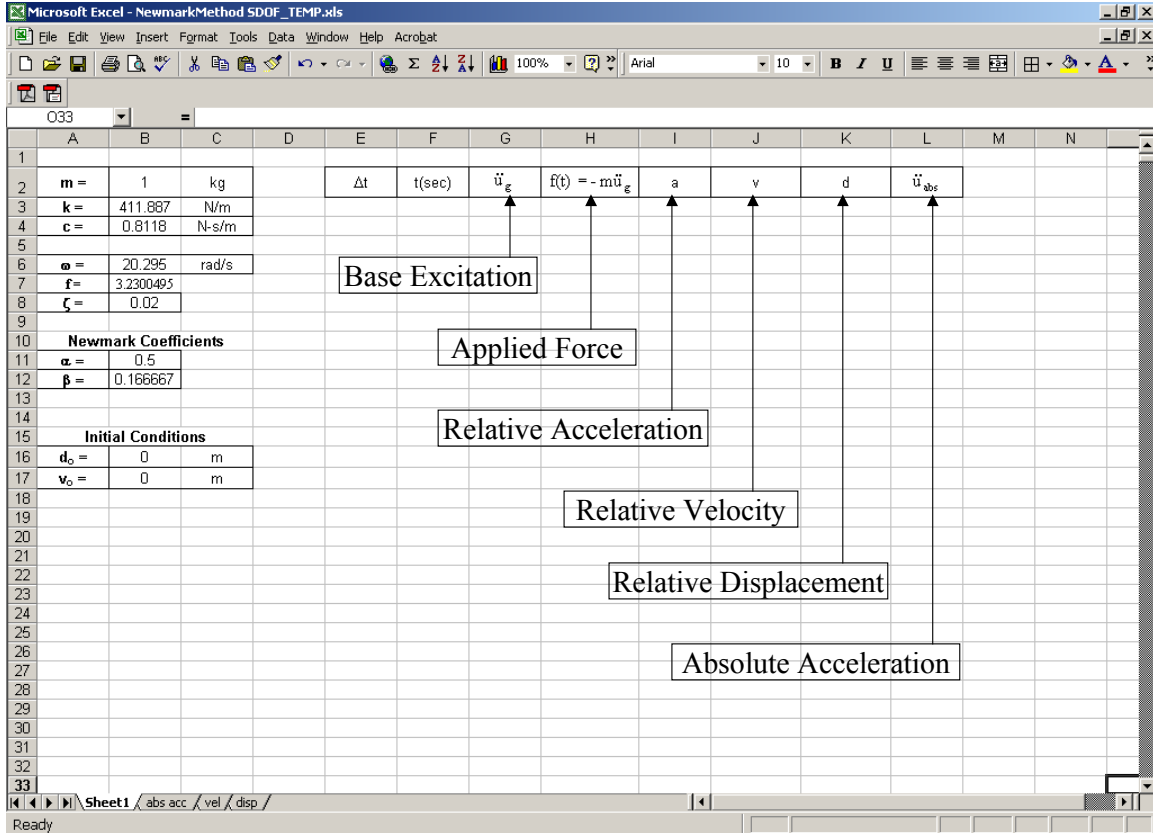


Figure 2: Spreadsheet After Completing Step 2

Place a cell (Fig. 2) for the time increment (Δt).

Place columns (Fig. 2) for the time, base excitation, applied force, relative acceleration, relative velocity, relative displacement, and absolute acceleration.

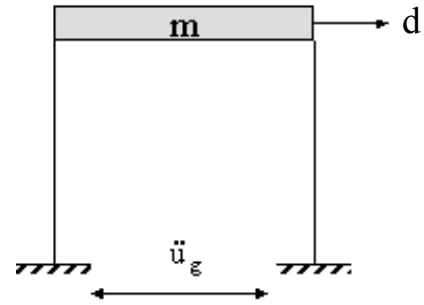
Step 3 – Enter the Time t & Applied Force $f(t)$ into the Spreadsheet

$$t_{i+1} = t_i + \Delta t \quad (\text{Equation 3}) \quad (\text{Fig. 3})$$

For the earthquake problem (acceleration applied to base of the structure), the applied force is calculated using:

$$f_i(t) = -m\ddot{u}_{g_i} \quad (\text{Equation 4}) \quad (\text{Fig. 3})$$

where, \ddot{u}_{g_i} is the applied base acceleration at step i . (Typically this is the base excitation time history)



**Check the units of the input motion file.
They must be compatible with the units
of the mass, stiffness, and damping!**

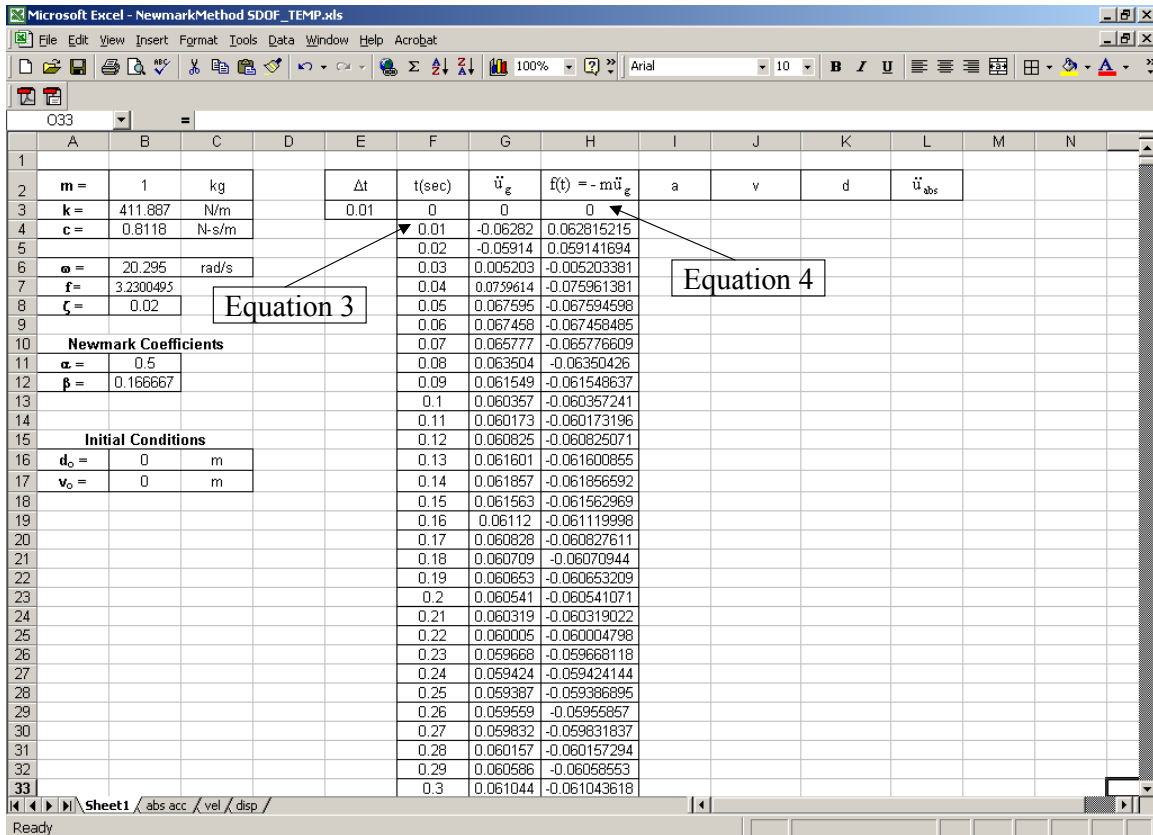


Figure 3: Spreadsheet After Completing Step 3

Step 4 – Compute Initial Values of the Relative Acceleration, Relative Velocity, Relative Displacement, and Absolute Acceleration

(A) The Initial Relative Displacement and Relative Velocity are known from the initial conditions (Fig. 4).

$$d(t = 0) = d_o \quad (\text{Equation 5})$$

$$v(t = 0) = v_o \quad (\text{Equation 6})$$

(B) The Initial Relative Acceleration (Fig. 4) is calculated using

$$a(t = 0) = \frac{f(t)}{m} - 2\zeta\omega v_o - \omega_1^2 d_o \quad (\text{Equation 7})$$

(C) The Initial Absolute Acceleration (Fig. 4) is computed using

$$\ddot{u}_{abs} = a_o - \frac{f(t)}{m} \quad (\text{Equation 8})$$

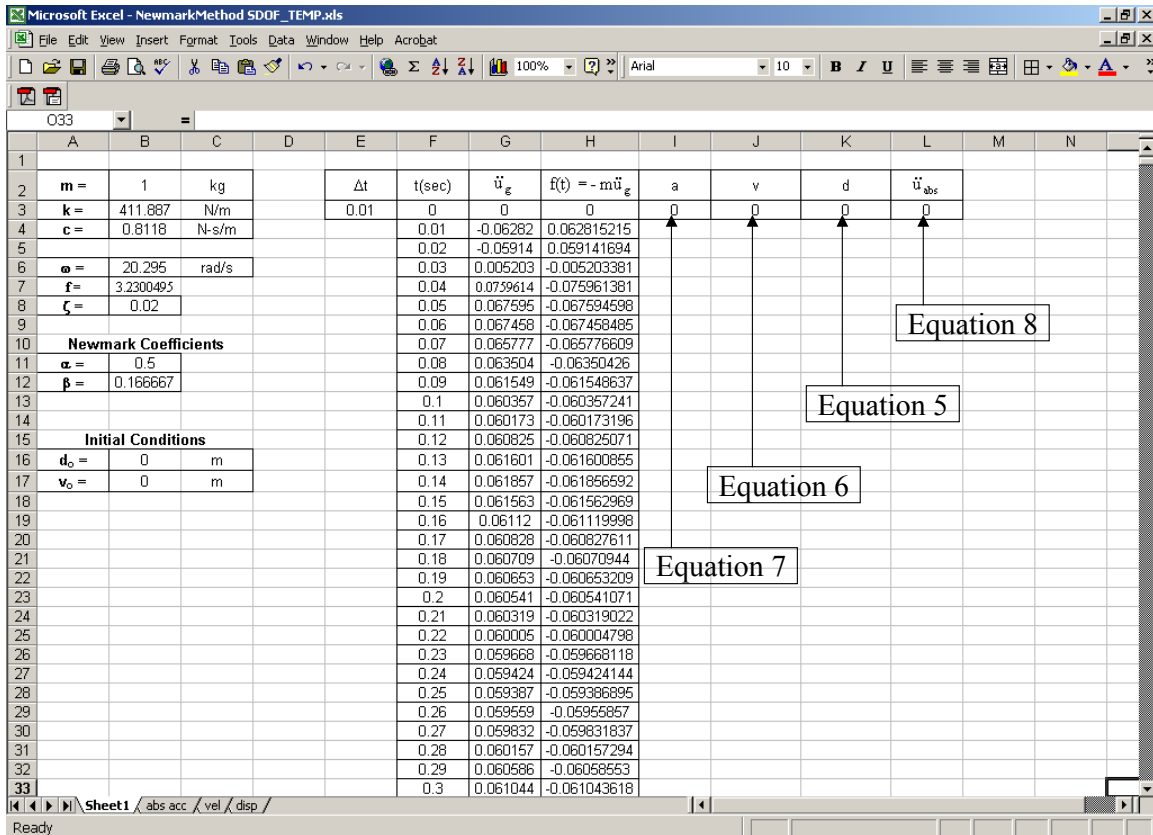


Figure 4: Spreadsheet After Completing Step 4

Step 5 – Compute Incremental Values of the Relative Acceleration, Relative Velocity, Relative Displacement, and Absolute Acceleration At Each Time Step (Fig. 5)

(A)

$$a_{i+1} = \frac{\left[-m\ddot{u}_{g_{i+1}} - c\left(\frac{\Delta t}{2}a_i + v_i\right) - k\left(\frac{1}{2}\Delta t^2(1-2\beta)a_i + \Delta tv_i + d_i\right) \right]}{m^*} \quad \text{(Equation 9)}$$

$$v_{i+1} = a_i\Delta t(1-\alpha) + a_{i+1}\Delta t\alpha + v_i \quad \text{(Equation 10)}$$

$$d_{i+1} = a_i\frac{\Delta t^2}{2}(1-2\beta) + a_{i+1}\Delta t^2\beta + v_i\Delta t + d_i \quad \text{(Equation 11)}$$

$$\ddot{u}_{abs_{i+1}} = a_{i+1} + \ddot{u}_{g_{i+1}} \quad \text{(Equation 12)}$$

Where, the effective mass, $m^* = m + c\Delta t\alpha + k\Delta t^2\beta$

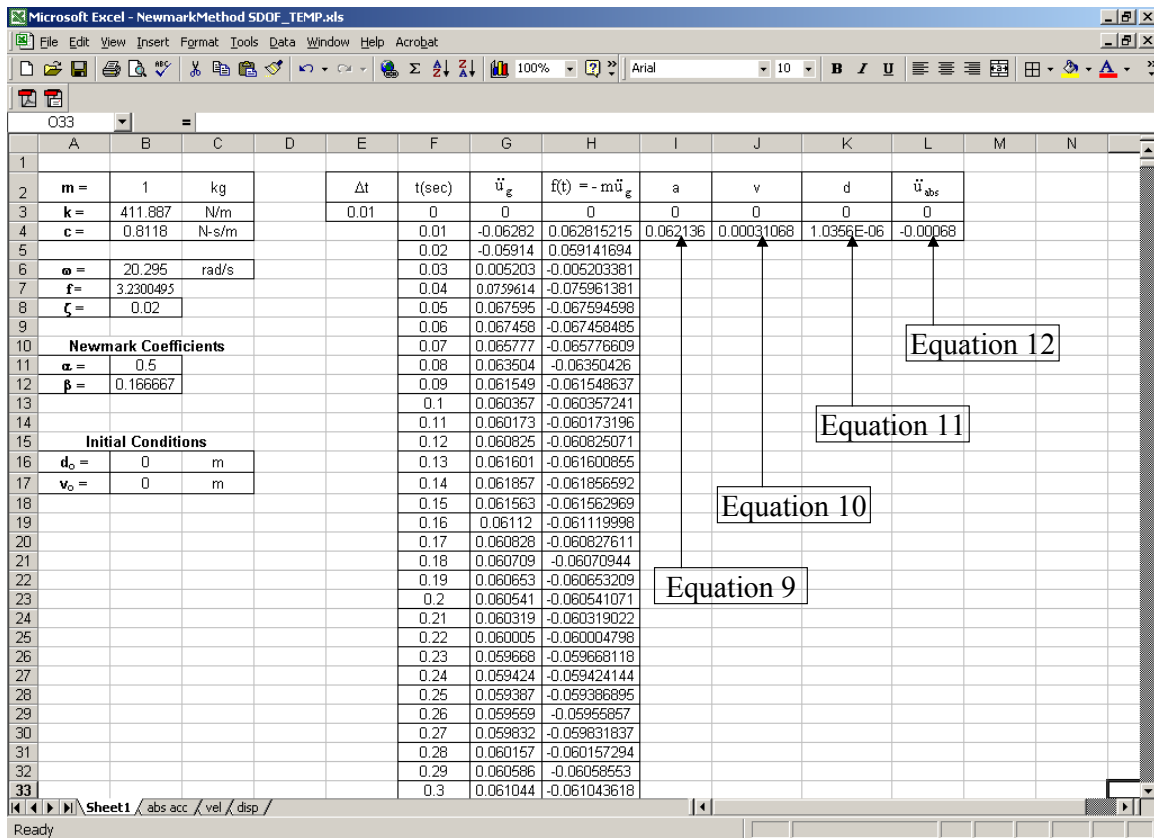


Figure 5: Spreadsheet with values for the Relative Acceleration, Relative Velocity, Relative Displacement, and Absolute Acceleration at Time Step 1

(B) Then, highlight columns H, I, J, & K and rows 4 through to the last time step (in this example 1562) and “Fill Down” (Ctrl+D). See Figures 6 and 7.

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
1														
2	m =	1	kg		Δt	t(sec)	\ddot{u}_g	$f(t) = -m\ddot{u}_g$	a	v	d	\ddot{u}_{abs}		
3	k =	411.887	N/m		0.01	0	0	0	0	0	0	0		
4	c =	0.8118	N-s/m			0.01	-0.06282	0.062815215	0.062136	0.00031068	1.0356E-06	-0.00068		
5						0.02	-0.05914	0.059141694						
6	omega =	20.295	rad/s			0.03	0.005203	-0.005203381						
7	f =	3.2300495				0.04	0.0759614	-0.075961381						
8	zeta =	0.02				0.05	0.067595	-0.067594598						
9						0.06	0.067458	-0.067458485						
10	Newmark Coefficients					0.07	0.065777	-0.065776609						
11	alpha =	0.5				0.08	0.063504	-0.06350426						
12	beta =	0.166667				0.09	0.061549	-0.061548637						
13						0.1	0.060357	-0.060357241						
14						0.11	0.060173	-0.060173196						
15	Initial Conditions					0.12	0.060825	-0.060825071						
16	d_0 =	0	m			0.13	0.061601	-0.061600855						
17	v_0 =	0	m			0.14	0.061857	-0.061856592						
18						0.15	0.061563	-0.061562969						
19						0.16	0.06112	-0.061119998						
20						0.17	0.060828	-0.060827611						
21						0.18	0.060709	-0.06070944						
3993						39.9	0.001598	-0.001597755						
3994						39.91	0.001496	-0.00149579						
3995						39.92	0.001411	-0.001411394						
3996						39.93	0.00134	-0.001340291						
3997						39.94	0.001281	-0.001280529						
3998						39.95	0.00123	-0.001229762						
3999						39.96	0.001183	-0.001183263						
4000						39.97	0.001134	-0.001133771						
4001						39.98	0.001075	-0.001074999						
4002						39.99	0.001006	-0.001005672						
4003						40	0.000928	-0.000927961						

Figure 6: Highlighted Cells

Microsoft Excel - NewmarkMethod SDOF_TEMP.xls

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	A	B	C	D	E	F	G	H	I	J	K	L	M	N
1														
2	m =	1	kg		Δt	t(sec)	\ddot{u}_g	$f(t) = -m\ddot{u}_g$	a	v	d	\ddot{u}_{abs}		
3	k =	411.887	N/m		0.01	0	0	0	0	0	0	0		
4	c =	0.8118	N-s/m		0.01	-0.06282	0.062815215	0.062136	0.00031068	1.0356E-06	-0.00068			
5					0.02	-0.05914	0.059141694	0.055472	0.00089872	7.1382E-06	-0.00367			
6	$\omega =$	20.295	rad/s		0.03	0.005203	-0.005203381	-0.01342	0.00110901	1.7751E-05	-0.00621			
7	f =	3.2300495			0.04	0.0739614	-0.073961381	-0.08755	0.0006042	2.6935E-05	-0.01158			
8	$\zeta =$	0.02			0.05	0.067595	-0.067594598	-0.07924	-0.00022975	2.8738E-05	-0.01165			
9					0.06	0.067458	-0.067458485	-0.07592	-0.00100569	2.2533E-05	-0.00846			
10	Newmark Coefficients				0.07	0.065777	-0.065776609	-0.06801	-0.00172524	6.8133E-06	-0.00223			
11	$\alpha =$	0.5			0.08	0.063504	-0.06350426	-0.0568	-0.00234926	-1.1653E-05	0.006707			
12	$\beta =$	0.166667			0.09	0.061549	-0.061548637	-0.04368	-0.00285164	-3.7766E-05	0.01787			
13					0.1	0.060357	-0.060357241	-0.02964	-0.00321823	-6.8233E-05	0.030717			
14					0.11	0.060173	-0.060173196	-0.0155	-0.00344395	-0.00010166	0.044669			
15	Initial Conditions				0.12	0.060825	-0.060825071	-0.00168	-0.00352986	-0.00013665	0.059148			
16	$d_0 =$	0	m		0.13	0.061601	-0.061600855	0.011985	-0.00347832	-0.0001718	0.073586			
17	$v_0 =$	0	m		0.14	0.061857	-0.061856592	0.025564	-0.00329057	-0.00020576	0.08742			
18					0.15	0.061563	-0.061562969	0.038535	-0.00297008	-0.00023717	0.100098			
19					0.16	0.06112	-0.061119998	0.04998	-0.0025275	-0.00026475	0.1111			
20					0.17	0.060828	-0.060827611	0.059148	-0.00198187	-0.00028738	0.119975			
21					0.18	0.060709	-0.06070944	0.06566	-0.00135783	-0.00030413	0.126369			
3993					39.9	0.001598	-0.001597755	0.022623	-0.00032502	-5.8164E-05	0.024221			
3994					39.91	0.001496	-0.00149579	0.023406	-9.4876E-05	-6.027E-05	0.024902			
3995					39.92	0.001411	-0.001411394	0.023211	0.00013821	-6.0052E-05	0.024622			
3996					39.93	0.00134	-0.001340291	0.022059	0.00036456	-5.7529E-05	0.023399			
3997					39.94	0.001281	-0.001280529	0.020006	0.00057489	-5.2814E-05	0.021287			
3998					39.95	0.00123	-0.001229762	0.017146	0.00076065	-4.6113E-05	0.018376			
3999					39.96	0.001183	-0.001183263	0.013606	0.00091441	-3.7708E-05	0.014789			
4000					39.97	0.001134	-0.001133771	0.009543	0.00103015	-2.7951E-05	0.010677			
4001					39.98	0.001075	-0.001074999	0.005133	0.00110353	-1.7246E-05	0.006208			
4002					39.99	0.001006	-0.001005672	0.000559	0.00113199	-6.0306E-06	0.001565			
4003					40	0.000928	-0.000927961	-0.00399	0.00111482	5.2414E-06	-0.00306			

Sheet1 / abs acc / vel / disp

Ready

Figure 7: Spreadsheet After “Filling Down” Columns H through K